

Rivers International School Arnhem

THE AFTER SCHOOL ACTIVITIES AT RIVERS INTERNATIONAL ARNHEM

Coordinator: Anamaria Kingma-Stamp
stampanamaria.sofrmusic@gmail.com



MONDAY TO FRIDAY

DISCOVER. CREATE. PLAY. GROW.

FROM CHESS TO DANCE, MUSIC TO ART – THERE'S A CLUB FOR EVERYONE!

SCHEDULE

SEPTEMBER 2026

Mondays	Arts and Crafts Math Tutoring Board Games and Lego Club Nature Awarness Club Marie's Place Club ICT -News Oaoer Club Knitting Club
Tuesday	Music - Piano, Music Production, Singing, Cello Highland Dance Art Club
Wednesday	Math Tutoring Music - Piano, Singing, Guitar , Cello Dutch for early years Highland Dance Indian Dance English for Parents
Thursday	Games Club Math Club Highland Dance Art Club
Friday	Ballet Chess Spanish

Arts and Crafts club

Year 2 to year 6

2:30 to 3:30
Mondays

Location
Y3/4 Candice



Sessions include but not limited to:

- Painting, drawing, spraying
- Clay, beading, diamond dotting
- DIY Crafts & Creative Decor

€115 for the Term
(from 8 september to 7 December)
ncluding all materials + supplies and a small snack

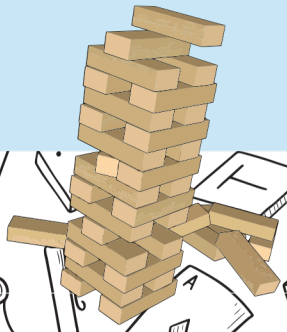
Register Now

C.white@riversarnhem.com

GAMES CLUB

Games Club providesanopportunity forchildrentoengageingames that promote teamwork,problem-solving,andcreativity.Byparticipating, children will make new friendswhileenhancing theirdecision-makingskills. Above all, we’regoingto haveablast!

Don’t miss out on this exciting adventure!





Provider	Isa van Aalten
Contact details	i.vanaalten@riversarnhem.com
Day of the club	Thursday 14:30 - 15:30
Cost of the club	€8,- a session
Age	Year 3 - Year 7
Location	Year 3/4 Isa's Classroom

ILLUMNIFY

TUTOR

SPECIALISING IN MATHS SUPPORT & EXTENSION



Ilona van Dantzig runs **Illumnify Tutoring**. If you feel your child needs extra maths support beyond what the school already offers or further extension in maths, Ilona is the one to help.

Ilona can also **support other subjects and needs** (e.g. Reading, Study Skills, Organisation). Please contact her for possibilities.

Tutoring can be given **at her home** in Arnhem or **at Rivers**.

For more details see her website or use the QR:

www.illumnifytutoring.nl

EXPERTISE:

- **10 years of experience** of support and extension maths teaching (groups and individual) at Rivers International School Primary and in her tutoring practice.
- has worked with children with many **different learning needs and neurodivergence** (e.g. ADHD, Dyslexia etc)
- has a **university advanced diploma in "Overcoming Barriers to Learning in Mathematics"**
- **fully qualified primary teacher (20+ years experience)**

To contact Ilona directly:

ilona@illumnifytutoring.nl

0617179171

Words used about Ilona and her tutoring in testimonials :

"patient, listens carefully, open-minded, knowledgeable, insightful

feedback, personalized learning, fantastic at connecting with kids, confidence grown tremendously"

For the full testimonials, see the website

Junior Ballet at Rivers

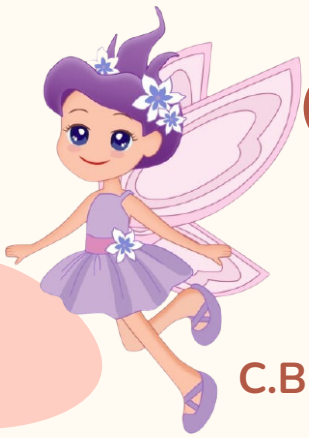
Our Ballet classes are designed especially for young dancers, offering a graceful introduction to the world of movement, rhythm, and expression. Through these exquisite lessons, children build not only their ballet technique but also confidence — whether dancing solo or as part of a group. Students will have the opportunity to shine on stage and grow as performers, with chances to participate in UKA examinations, concerts, competitions, and even international shows.

Led by Crystel, an inspiring teacher with international experience, the classes bring together professional training and a nurturing atmosphere. Crystel herself trained in Ballet through the Royal Academy of Dance (RAD) and has performed at world-renowned events such as the Edinburgh Military Tattoo and festivals across Europe and beyond.



✨ Ballet at Rivers is not only about learning dance — it's about creativity, elegance, and joy in every step. Give your little one the chance to discover the magic of ballet! ✨





Friday at Rivers in 1.03

PRICE 8,50 PER PUPIL

REGISTER NOW:
C.BENTON@RIVERSARNHEM.COM

SCOTTISH HIGHLAND DANCE AT RIVERS

Scottish Highland Dance at Rivers

Highland dance is energetic, elegant, and full of tradition!
At Rivers, children will have the chance to learn this beautiful style, building confidence as both solo and group dancers. Students can take part in concerts, competitions, and even international performances.
Previous journeys have taken our dancers to magical destinations such as Germany, Belgium, Disneyland Paris, and Scotland.
Classes are taught by Crystel, an experienced and passionate teacher who brings her love of dance to every lesson. With her guidance, children will not only learn the steps but also experience the joy and excitement of Scottish Highland dancing.
All age groups are welcome – join us and let the skirts fly high!
10 euros per pupil/student



REGISTER NOW:
C.BENTON@RIVERSARNHEM.COM

Board Games and Lego Club



A fun and supportive club where children develop key early learning skills through board games, jigsaw puzzles, and hands-on Funky Fingers activities.

✨ Strengthen fine motor skills (writing, buttoning, using utensils)

✨ Build counting, turn-taking & problem-solving skills

✨ Improve dexterity, hand-eye coordination & focus

Starting 7 September

10 Sessions - 80 euros

Mondays from 14:30 - 15:30





A playful way to build confidence and prepare for future learning!
Where Learning Meets Fun After School!

Register Now: e.golles@riversarnhem.com





MATH fun club

In this club we make math exciting and enjoyable for everyone! Through games, puzzles, and hands-on activities, we'll discover how numbers, shapes, and patterns are all around us. The club isdesigned to help children to build a strong and positive relationship with math.

- Play Math Games: We'll use fun games to practice counting, adding, and subtracting.
- Build and Create: We'll use blocks and other materials to learn about shapes and measurements.
- Solve Puzzles: We'll work together to solve numbers and logic puzzles.

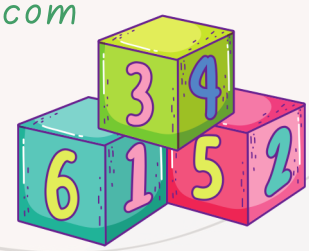
The goal is to show children that math is about thinking, creating, and having fun!

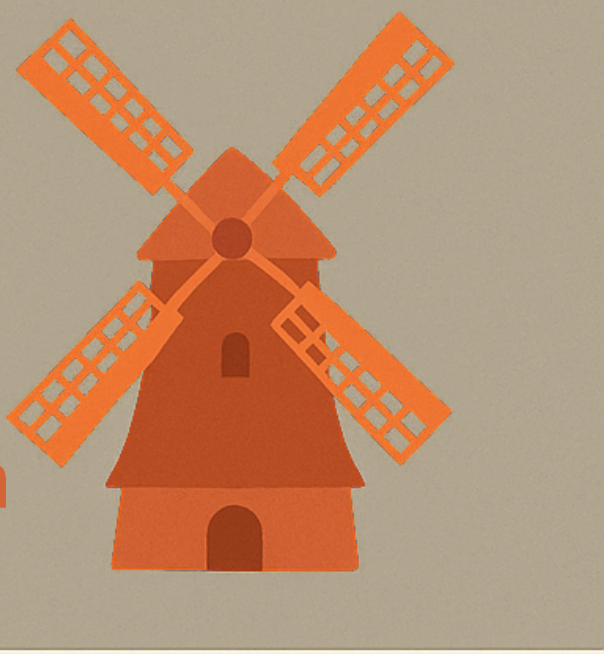
When? Thursday (starts from 7 th of september)
Who? Early Years - Year 3/4
What time? 14:30 - 15:15
How much? €8 per session
How many? Minimum 5 - Maximum 10 children
Sign up: gomathy.gopal@riversarnhem.com



Gomathy Gopal







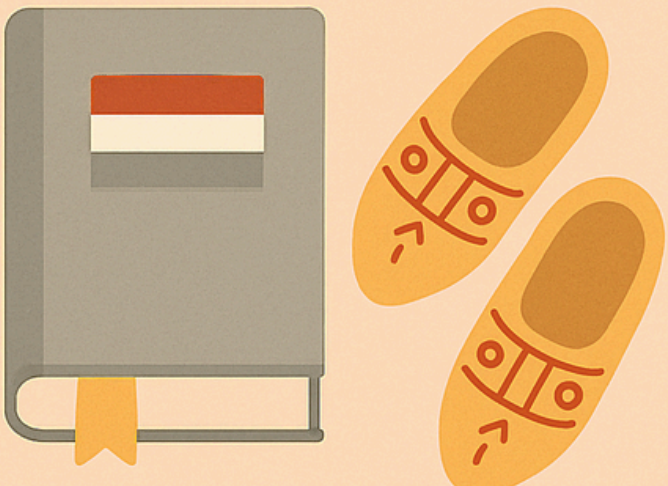
Dutch for Parents with Roderick!

Would you like to feel more comfortable having basic conversations in Dutch and better understand the culture and history of the Netherlands?

✔️ Learn in a relaxed, stress-free environment
✔️ Small group with other Rivers parents
✔️ Great value lessons
✔️ Taught by an experienced teacher
Then join one of Roderick's Dutch classes!
New Beginners' Group
To be confirmed
Visit the website or call
📞 +31 614 232 234
I hope to be your guide at the start of your Dutch journey!
— Roderick

✨ "Great lessons! My Dutch is improving and I finally enjoy learning it. Roderick explains clearly, practices with us, and always answers questions." – Liz

Register Now:
info@roderickdevri.es



Rivers NATURE AWARENESS CLUB





21st of September until the 7th December, 2026
Year 3 up to Year 7
Every Monday from 14:40-16:00
Costs: 90 Euro's for 9 sessions.
Snack and materials included!

WHAT TO EXPECT

- Learning to listen with the help of a talking stick
- Storytelling
- Traditional Nature Games
- Hands-on activities and (bush)crafts
- Nature Journaling
- Giving Thanks
- And much more!

Let's explore the hidden beauty and magic of our natural surroundings!
The book of nature can be opened on any page...

Register now: s.dibbets@riversarnhem.com

Chess Club at Rivers

Over the last six years, Chess Club has grown and evolved at our school.
This year Chess Club will be offered on Friday by two teachers. Students can sign up using the following form. They will be assigned to a group, but can mingle during the session.



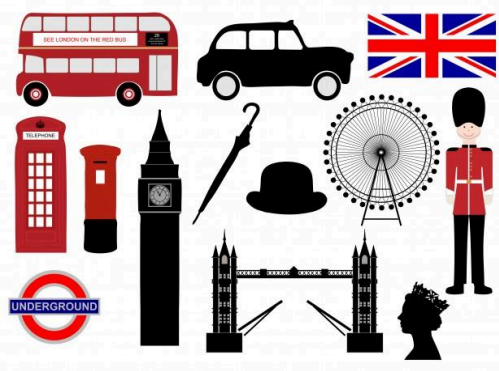
Chess Club is open to all ages and levels — from beginners to experts. Students can learn the basics, practice their skills, and enjoy the game in a relaxed, friendly atmosphere. It's also a great way to make new friends and, for children new to English, to learn all the chess-related vocabulary.

What's included?

Weekly sessions: Play chess, learn from teachers and peers, take part in mini-tournaments and demonstrations.

Chessity online account: Solve puzzles, practice strategies, play with friends, and earn official chess ratings and diplomas (valid for one year).
Tournaments: From January, students can join our Rivers tournament (with parents too!), as well as local and international competitions. Friendly matches with other schools may also take place.
Membership covers tournament entry, transport, and food & drinks when available.

Friday Chess Club 🕑 Fridays 4 September 14:30–15:45
Payment: *due to Bart's expected paternity leave in 2027 it is not possible to pay for the entire school-year. We will update you on how chess club will run in January - July as soon as possible
📍 Locations: Year 7B (Room 2.05) – with Bart Buurman (b.buurman@riversarnhem.com)
Year 3/4RM (Room 2.06)– with Mileen de Wit (mileen.dewit@riversarnhem.com)
👥 Open to all ages!
👉 Sign up: form :https://forms.gle/maFdBHFgi4r7HJjU7



ENGLISH4PARENTS IS BACK!

Make friends, have fun and learn English during school hours in a relaxed and friendly atmosphere on Wednesday mornings at school.
If you would like to feel more confident speaking English, then ENGLISH4PARENTS is perfect for you!!

Group lessons are on Wednesday mornings at school.
Beginners : 08.45 - 10.15
Intermediate : 10.30 - 12:00

Register Now:

Jane de Noord
aisenglish4parents@gmail.com

30 september - 9 December

Jane has been teaching English for many years and is a dedicated part of the Rivers community. She is known for bringing her lessons to life with warmth, humour and a smile, making every class both effective and enjoyable. Her passion for helping parents learn English in a supportive environment makes her classes truly unique.
Come join us – learn, connect and grow together!

WELCOME TO Marie's Place

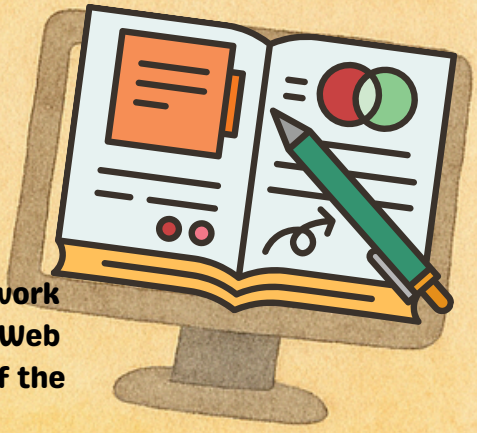
A little extra time. A little extra confidence. A much easier week.



Reading? ✓
Sight words? ✓
Times tables? ✓
StepsWeb? ✓

Imagine your child coming home from school with their weekly practice already done.
That's Marie's Place. 🌿
A warm, relaxed home away from home where children can take a little time after school to work through the small things that make a big difference – with encouragement, patience and a friendly helping hand.

and think



3×4

Together, we'll read, practise sight words, work on times tables and make sure those StepsWeb goals don't get forgotten in the whirlwind of the week.
It's not about rushing through homework.
It's about creating a little space for children to practise, understand, succeed and feel good about what they can do.
And for parents, it means one less thing to squeeze into the evening.
****A calmer evening for you.**
A more confident week for them.**
Welcome to Marie's Place. 💛

8 euros per session
Mondays
2:30- 3:30

Register Now:
m.korteman@riversarnhem.com

Y5, 6 & 7

ICT & NEWSPAPER CLUB

CREATE. CODE. COMMUNICATE.



A creative and exciting club for students in Years 5, & & 7 who love technology, storytelling and sharing ideas!



ICT FUN

- Learn digital skills
- Explore coding & computer tools
- Create presentations, posters & videos
- Work on fun tech projects

NEWSPAPER FUN

- Write news articles & stories
- Interview, research & report
- Take photos
- Design your own school newspaper



7 SEPTEMBER – 7 DECEMBER
11 SESSIONS
7, 14, 21, 28 Sep | 5, 12 Oct |
2, 9, 23, 30 Nov | 7 Dec

MONDAYS
14:30 – 15:15

€90 TOTAL
FOR 11 SESSIONS



LIGHT SNACK WILL BE PROVIDED!

EXPLORE. CREATE. PUBLISH. HAVE FUN!
SPACES ARE LIMITED – SIGN UP TODAY!
Sign up: m.kotze@riversarnhem.com

Indian Dance Movement Class

WEDNESDAY | 16:00-17:00

Age: 4-7 years | 8 euro/class

Come for a trail lesson on 7th Jan!



Book your spot today -> pavithramanipal@gmail.com



Let's get loopy!

Knitting Workshop



leg warmers forthecomingwinter??
Join the knittingclubandyouwillnotonlyfeelwarmand cozy but also enduplookinggreatduringthecoldwinter months!!



Mondays
2:30-3:15 pm

Location
R/1 Ingrid

Starting Monday 7 September

€ 110 for 10 sessions
This includes all materials and a small snack















to register contact i.gill@riversarnhem.com

Learn Dutch the Fun Way – with Rebeca!



Hi! I'm Rebeca Pakker – raised trilingual in Dutch, English, and Spanish, and fluent in switching between all three (sometimes mid-sentence 😄).

With years of experience in international schools and multilingual environments, I know exactly what it feels like to be the "new kid" trying to find your words. That's why I'm here – to help children (ages 4–17) gain confidence, learn Dutch naturally, and have fun while doing it!

🗓️ Every Wednesday Dutch
📍 Rachels Room
💌 Register: rpakker@planet.nl
Spanish lessons on Friday
💶 Fee: 10 euros per child
12:00 - 13:00

Whether your child is just starting or already understands a little Dutch – we'll turn "Huh?" into "Aha!" in no time! 💬✨

Come join the class where words come alive, laughter is part of the lesson, and learning Dutch feels like an adventure! 🇳🇱



🎨 Art Club with Bhawna Kasanyal

We are delighted to welcome Bhawna Kasanyal as our Afterschool Art Teacher! Bhawna is passionate about inspiring young artists to explore their creativity and imagination. With her unique approach, she encourages children to experiment with amazing colours, textures, and techniques, helping them to discover their own artistic voice.

Her lessons are filled with joy, curiosity, and the freedom to create — a place where every child can feel proud of their work while learning new skills. Whether it's painting, drawing, or creative projects, Bhawna makes art an adventure for all.

🖌️ Art Club Schedule

Tuesdays & Thursdays

1st Batch: 14:45 – 15:45

2nd Batch: 15:45 – 16:45

Come and join Bhawna's Art Club, where creativity knows no limits!

Register Now:bhawna.kasanyal@gmail.com

Sounds of Rivers

The After School Music Program

Monday to Friday individual and group lessons for music of 20 min, 30 min, 45 and 55 min

Register now by sending an email to the coordinator:

stampanamaria.sofrmusic@gmail.com

Sounds of Rivers

The After School Music Program

We started with small groups of children and individual classes. We inspired and initiated in music more than 300 children since 2012. We came to develop piano lessons, singing, clarinet, woodwinds instruments, guitar, violin, percussion and choir lessons through out great achievements! Since 2017 we officially included the ABRSM exams in our M.D. and our school became the exam centre of Gelderland.

"Music is the greatest communication in the world. Even if people don't understand the language that you're singing in, they still know good music when they hear it."

Lou Rawls

Rivers International School Arnhem

Sounds of Rivers Presents:



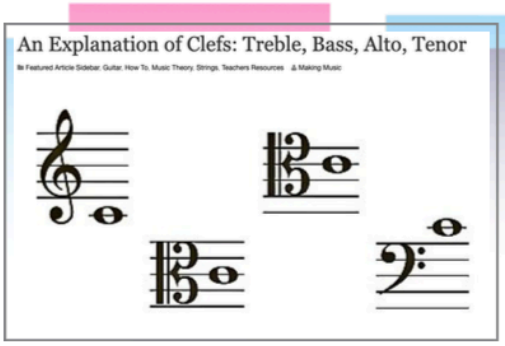
Junior (5 Year Olds Piano Group Lessons)

ABRSM



Music Concerts!
Everyone is invited!
Ensembles Concerts!

Abrsm Examination Center in Rivers International!
150+ children doing ABRSM MUSIC EXAMS



Music Theory lessons for
Juniors
Intermediate
Advanced!
Grade 5 Theory ABRSM

Choir Primary in school/After School!!!



International Music Workshops!
For all years!

SOUNDS OF RIVERS
* SONO FLUMINIS *

Join us for a After School Music Adventure!



Anamaria Stamp-Kingma - piano, music department coordinator

I am a Romanian pianist, and I finished my university studies in Romania and my Piano Master degree in the Netherlands. Since 2012, I have garnered recognition for my expertise in piano performance, conducting masterclasses worldwide.
Currently, I have the privilege of serving as the Music Department Coordinator at Rivers International School, while also having a busy teaching schedule in Arnhem and Amsterdam.
My innovative project, known as "The Good Practice Hour," is centered around contemporary music exploration and groundbreaking practice techniques. It has led me to develop a specialised piano method tailored for children aged 5 to 7, reflecting my unwavering dedication to music education.
Additionally, I have spearheaded the impactful initiative "Fairytales for Children and Grownups." This creative endeavour seamlessly blends music, theatre, and creative writing, with a particular focus on empowering underserved communities and villages in Romania.
These contributions have solidified my reputation as a respected figure in both the academic and artistic spheres.

stampanamaria.sofrmusic@gmail.com



Crystel Benton - singing,

I am Crystel, a versatile artist from New Zealand, passionate about music and dance from a young age. I began my artistic journey at the age of 4 and pursued my education at the University of Otago, earning a Bachelor of Music. In 2012, I achieved a significant milestone with a Masters of Music from the esteemed Utrecht Conservatory.
Throughout my career, I've had the privilege of performing as a soloist in prestigious events like Berlin Tattoo, Antwerp Tattoo, International Tattoo Musik-parade (touring German arenas), Ring Rider Festival in Denmark, The Netherlands Military Tattoo, and the Bulgaria National Tattoo. These experiences have enriched my artistic journey and honed my performance skills. Beyond performing, I am deeply committed to education. I have a busy schedule as an educator, imparting my knowledge in music, singing, and dance. At Rivers International Arnhem, I mentor and inspire the next generation of artists, nurturing their talents. My identity is inseparable from my artistic pursuits, and I am dedicated to exploring and celebrating music and dance as potent forms of expression and cultural exchange.

c.benton@riversarnhem.com



Sara Maraston — Cello/Piano Teacher

A certified Suzuki teacher, Sara works with students of different ages and levels, both individually and in groups. Her teaching combines technique and musical understanding with creativity, active listening, movement, and, above all, the joy of making music.

She holds a Master's degree from the Giuseppe Verdi Conservatory in Turin, Italy, where she graduated with the highest distinction. She later studied Jazz/Pop at ArtEZ University of the Arts in the Netherlands, expanding her musical language and developing a particular interest in improvisation and contemporary approaches to performance.

Throughout her studies and professional career, Sara has performed extensively as a soloist and ensemble musician in orchestral, chamber, and cross-genre projects. She has collaborated with ensembles including the Young Metropole Orchestra and has participated in masterclasses with internationally renowned cellists such as Johannes Goritzki, Tilmann Wick, Giovanni Gnocchi, and Enrico Dindo.

In recent years, Sara has also developed her own voice as a composer and performer, founding Sara Maraston & Band, a project exploring the meeting points of folk, jazz, and classical music.

As a teacher, Sara believes that learning an instrument should be both musically enriching and personally inspiring. She creates a warm and supportive environment where students can build a strong technical foundation while developing their own musical identity.

Sara Maraston brings together the richness of classical tradition with the freedom and creativity of contemporary music, creating a musical journey that is both deeply rooted and wonderfully open.

saramaraston97@gmail.com

Rocco Romano - guitar

rocco.romano96@gmail.com



I am Rocco Romano, an Italian guitarist, producer, composer, and educator. I earned my degree in jazz and pop guitar from the ArtEZ Conservatorium in Arnhem in 2019. Currently, I am actively involved in the modern jazz scene in Cologne, Germany.

My musical journey began with classical guitar and electric bass during my childhood, but my passion for jazz guitar was ignited at the age of 14, inspired by my parents' classic jazz records. Over the years, I honed my skills and attended the Berklee School of Music in Boston in 2014. I achieved recognition by winning the "Locomotive Jazz Festival Giovani" contest in 2015 and collaborated with notable musicians like Jerome Hol, Michiel Braam, René Creemers, Andre Groen, Pieter Douma, and Alan Purves.

I am also an active performer in various music festivals, including North Sea Jazz, Cologne Jazz Week, Moers Festival, MusicMeeting, InJazz, Lowlands, Make-it Jazz, and more.

Since 2019, I have assumed the role of guitar teacher at the Sound of Rivers department of Rivers International School in Arnhem. My teaching philosophy transcends traditional classical technical training, with a strong focus on jazz and pop musicality. Consequently, my lessons encompass not only classical guitar but also electric guitar, electric bass, music production, and composition, providing students with a



Farnoosh Farokhzad - piano

As an Iranian classical pianist, I am deeply dedicated to conveying musical narratives with passion and expressive depth. Currently based in the Netherlands, I have cultivated a diverse performance portfolio that includes solo recitals as well as collaborations within various chamber music ensembles across a range of concert venues.

Having obtained a Master's degree in piano performance, I bring over a decade of teaching experience to my work as a piano instructor. I am committed to employing contemporary and both their technical proficiency and their artistic expression.

farnoosh.pianist@gmail.com

At Sounds of Rivers, our goal is to enrich every child through the power of music. We believe music is more than just notes and rhythm — it is creativity, confidence, expression, and connection.

With a team of versatile, dedicated musicians and inspiring teachers, we offer children the chance to learn from incredible personalities who bring their passion and expertise into every lesson. Together, we aim to spark curiosity, nurture talent, and create a joyful foundation for a lifelong love of music.

